# Light Technology in Medical Devices

Alicia Corona, Claire Mitchell, Norma Munoz

# **Project Description**

- Design and develop a medical device capable of monitoring blood flow and oxygen circulation emphasizing the cardiovascular system in a patients body
- Features data transmission capabilities; enables real-time communication via external unit
- Incorporates a set of red LED lightsand inf-redsensors, and a rechargable battery, utilizing photobiomodulation technologies
- Work with EE and CS Capstone department; improving our collaboration skills

# **Project Description: Who & Why**

- Client: Jesslynn Armstrong; President of Light Matter Solutions, LLC
- Importance of Project:
  - o Transformative tool in modern medical technology: Photo-biomodulation (PBM) Therapy
    - Light-emitting diodes wavelengths to simulate biological processes at the cellular level; enhancing mitochondrial function, promotes tissue repair, and modulates inflammation
  - Usage in Medical Industry: MedTech
    - Medical institutions, rehabilitation centers, military organizations, sports teams can integrate PBM into their therapeutic protocols
  - o Opens possibilities for patient care
    - Offers non-invasive solution for monitoring/ improving the Cardiovascular system

# **Background & Benchmarking**







LOVTRAVEL LED Light Therapy Pad

Garmin HRM-Dual

Innovo Finger Pulse Oximeter

#### **Products**

Product 1 Reference [26], Product 2 Reference [27], Product 3 Reference [28]

### Requirements

Customer

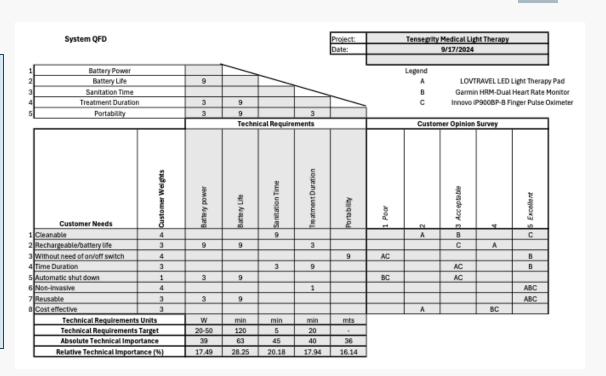
- Cleanable
- Without need of on/off switch
- Automatic shut down
- Non-invasive
- Reuseable
- Cost effective

### Engineering

- Power (20-50 W)
- Battery Life Expectancy (120 min)
- Sanitation Time (5 min)
- Treatment Duration (20 min)
- Portability

### **QFD**

- Relationship between customer needs & technical requirements
- Battery life is our most important technical requirement
- Ratings of products against customer needs



## Literature Reviews: Alicia Corona 1

- [1] Journal 1: Advance Flexible Skin-Like Pressure and Strain Sensors for Human Health Monitoring
  - Discusses the invention of a sensor that is flexible enough to wrap around the human body instead of using bulky sensors.
- [2] Book 1: Lasers and Optical Fibers in Medicine (Chapter 8)
  - Used to help calculate power density. Discusses lasers and optical fibers used in the medical field
- [3] Journal 2: A Review of Current Advancements for Wound Healing: Biomaterial Applications and Medical Devices
  - Discusses common materials used in medical devices for wound healing.
- [4] Book 2: Biomedical Devices: Materials, Design, and Manufacturing
  - Provides insight on materials used in biomedical devices and different techniques for designing and manufacturing.

### Literature Reviews: Alicia Corona 2

- [5] Journal 3: Proposed Mechanisms of Photobiomodulation or Low-Level Light Therapy
  - i. Provides an explanation of the science that goes into photobiomodulation and discusses near-infrared light.
- [6] Online Source 1: LED Light Therapy Wavelengths: Everything You Need To Know
  - i. Gives an overview of the common wavelengths used in light therapy and how far into the tissue the wavelength reaches.
- [7] Online Source 2: LED Light Therapy: How It Works, Colors, Benefits & Risks
  - i. Provides an explanation of how light therapy works, the colors/wavelengths used, what are the benefits and who should not use it for medical reasons.
- [8] Standard 1: IEC 60601-2-57:2023
  - i. Provides safety and performance of using non-laser light sources for equipment that are used for therapeutic purposes.

### Literature Reviews: Claire Mitchell 1

- [9] Book 1: All You Really Need to Know to Interpret Arterial Blood Gases (Chapter 5)
  - i. Describes how to calculate oxygen content in the blood as well as describes the contents of the blood
- [10] Article 1: What are Blood Oxygen Levels
  - i. Outlines how much oxygen should be in the blood as well as talks about what to do when you have high/low blood oxygen levels
- [11] Article 2: Physiology, Oxygen Transport
  - i. Talks about how oxygen moves through the blood and how it may differ based on someone with a blood deficiency such as anemia
- [12] Paper 1: A Controlled Trial to Determine the Efficacy of Red and Near-Infrared Light Treatment in Patient Satisfaction, Reduction of Fine Lines, Wrinkles, Skin Roughness, and Intradermal Collagen Density Increase
  - i. Paper based on a trial regarding how well red-light therapy worked on the skin

### Literature Reviews: Claire Mitchell 2

- [13] Paper 2: Battery Design Guide for Portable Electronics
  - i. Talks about how you should design a battery with certain components in mind: voltage requirement, capacity, runtime, etc.
- [14] Paper 3: Development of a LED light therapy device with power density control using a Fuzzy logic controller
  - i. Describes a test done on how the skin reacts to different colors and different wavelengths of LEDs
- [15] Book 2: Battery Operated Devices and Systems: From Portable Electronics to Industrial Products (Chapter 3.3: Medical Applications)
  - i. Outlines how with medical devices, you need more requirements as well as more safety when designing a battery
- [16] Standard: ISO 80601-2-61:2017 Medical electrical equipment

### Literature Reviews: Norma Munoz 1

- [17] Article 1: Anti-inflammatory effects of PBM
  - i. Frontiers in Neuroscience examine PBM effects, by adjusting how proteins are produced and controlled in the body; potentially providing therapeutic benefits in neuroinflammation
- [18] Article 2: PBM and Neurological Damage
  - i. Neuroscience Bulletin investigates how PBM might help repair brain damage from COVID-19 by improving how the brain uses and balances oxygen levels; supporting better brain function and recovery
- [19] Article 3: PBM for Cognitive Improvement
  - i. Journal of Translational Medicine focuses on how PBM can improve brain function by boosting the production of Adenosine triphosphate (ATP; source of energy) encouraging growth of brain cells by using infrared lights
- [22] Paper 1: Effects of <u>Transcranial</u> LED Therapy (TCLT)
  - i. Salgado et al. Explores the effects of Light Therapy on cerebral blood flow. Where PBM enhances blood flow in elderly patients, potentially combating neurodegenerative conditions

### Literature Reviews: Norma Munoz 2

- [21] Book 2: low-level laser therapy effects on <u>Vascular</u> and endothelial function
  - i. Calderhead, R. G., & Vasilyeva, E. discuss how PBM works on cardiovascular deseases and cellular mechanisms; they go into depth on dosage, wavelengths, and power density
- [23] Paper 2: Role of PBM in <u>Cardiovascular</u> Health: Systematic Review and Meta-Analysis
  - i. Details how PBM impacts cardiovascular parameters, such as blood circulation. Providing information on clinical studies that confirm PBM's ability to enhance microcirculation in patients with cardiovascular conditions
- [24] Paper 3: Efficacy of PBM therapy in Older Adults: A systematic review
  - i. Details whether there is any available evidence on the efficacy of PBM therapy in older adults, by holding literature searches.
- [20] Book 1: LibreText: Chemistry
  - i. Describes Beer Lambert law—attenuation of light to the properties of the material through which the light is traveling-- and how it relates to photobiomodulation research
- [25] Standard: "ISO/IEC 17025 testing and calibration laboratories," ISO, 2017. https://www.iso.org/ISO-IEC-17025-testing-and-calibration-laboratories.html

### **Alicia Corona 1**

$$P_{flux} = \frac{P_{light}}{A}$$

$$P_{flux} = flux \ of \ radiant \ energy \ (watts/cm^2)$$

 $P_{light} = total power of light source (watts)$ 

A = area illuminated by light (cm<sup>2</sup>)

$$A = \pi r^2$$

### Flux/Power Density (Irradiance)

Measures how much power is distributed over a certain area.

#### **Mathematical Software**

WolframAlpha

- [8] Standard: IEC 60601-2-57:2023
- [2] Lasers and Optical Fibers in Medicine (chapter 8)

### Alicia Corona 2

Example III: A beam of power P is incident on an area A for time t.

The irradiance (or power density) is P/A.

The total energy delivered to the area is E = Pt.

The fluence is F = E/A = Pt/A.

### Flux/Power Density (Irradiance)

Measures how much power is distributed over a certain grea.

#### **Mathematical Software**

WolframAlpha

- [8] Standard: IEC 60601-2-57:2023
- [2] Lasers and Optical Fibers in Medicine (chapter 8)

### Alicia Corona 3

$$P_{light} = 3 W$$
  
 $r = 6.35 cm$ 

$$A = \pi r^2$$

$$A = \pi * (6.35 cm)^2$$

$$P_{flux} = \frac{P_{light}}{A}$$

$$P_{flux} = \frac{3 W}{\pi^* (6.35 cm)^2}$$

$$P_{flux} = 0.024 \frac{W}{cm^2}$$

### Flux/Power Density (Irradiance)

Measures how much power is distributed over a certain grea.

#### **Mathematical Software**

WolframAlpha

- [8] Standard: IEC 60601-2-57:2023
- [2] Lasers and Optical Fibers in Medicine (chapter 8)

### Claire 1

### What equation did you use?

$$C_a O_2 = [Hb \times 1.34 \times S_a O_2] + [P_a O_2 \times 0.003]$$

$$C_a O_2 = ext{Oxygen per } 100 ext{mL of blood} \left( rac{mL \ O_2}{100 mL \ blood} 
ight)$$

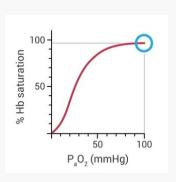
$$Hb = \text{Hemoglobin}\left(\frac{gm\ Hb}{100mL\ blood}\right)$$

1.34 = Content of oxygen that will bind for each gram of Hb  $\left(\frac{mL~O_2}{am~Hb}\right)$ 

 $S_a O_2 =$ Oxygen Saturation (%)

 $P_a O_2$  = Partial Pressure of Oxygen (mmHg)

$$0.003 = \text{Constant}\left(\frac{mL \ O_2}{mmHg \ 100mL \ blood}\right)$$



#### **Oxygen Content Equation**

This equation can help determine how much oxygen is in the blood

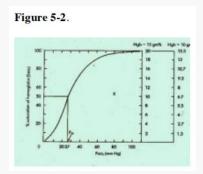
Oxyhemoglobin Dissociation Curve

[16] Standard: ISO 80601-2-61

### Claire 2

### Example problem from textbook [1]

Clinical Problem 5-3. Using Figure 5-2 to determine SaO<sub>2</sub>, calculate O<sub>2</sub> content of a patient with hemoglobin 12 gms/dl, PaO<sub>2</sub> 50 mm Hg, pH 7.40.



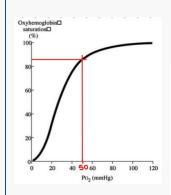
#### Oxygen Content Equation

This equation can help determine how much oxygen is in the blood

Oxyhemoglobin Dissociation Curve

= 14.13 % (

### Claire 3



### Given:

#### Solution:

$$CaO_2 = \left[ Hb \times 1.34 \times SaO_2 \right] + \left[ PaO_2 \times 0.003 \right]$$

$$= \left[ \left( 12 \frac{9}{100 \text{ mL}} \right) \left( 1.34 \frac{\text{mLO}_2}{3} \right) \left( 0.85 \right) \right] + \left[ \left( 50 \text{ mm Hg} \right) \left( 0.003 \frac{\text{mL}}{\text{mmHg 100 mL}} \right) \right]$$

ML 02

### Normal:

Hb: 12-16 g/dL

SaO2: >92%

PaO2: >80mmHg CaO2: 16-20%

# Oxygen Content Equation This equation can help determine how much oxygen is in the blood

Oxyhemoglobin Dissociation Curve

### Norma Munoz 1

$$A = log_{10} \left(\frac{I_o}{I}\right) or \epsilon * c * d$$

$$\epsilon = \frac{A}{c * d}$$

A = Absorbance

 $I_o = initial intensity$ 

I = final intensity

 $\epsilon = molar \ absorption$ 

$$c = concentration \left(\frac{mol}{L}\right)$$
$$d = l = length of path$$

### The Beer-Lambert Law for Light Absorption

Describes how light reduces as it passes through a material such as tissue; estimates the penetration depth of light into tissue

#### **Mathematical Software**

help perform the necessary calculations Excel: plotting data MATLAB: advanced modeling and simulation

#### Spectrophotometer

Measures the intensity of light

[20] The Beer-Lambert Law - ChemistryLibreTexts

### Norma Munoz 2

#### ✓ Example 2: Guanosine

Guanosine has a maximum absorbance of 275 nm.  $\epsilon_{275} = 8400 M^{-1} cm^{-1}$  and the path length is 1 cm. Using a spectrophotometer, you find the that  $A_{275} = 0.70$ . What is the concentration of guanosine?

#### Solution

To solve this problem, you must use Beer's Law.

$$A = \epsilon lc$$

$$0.70 = (8400 \text{ M}^{-1} \text{ cm}^{-1})(1 \text{ cm})(c)$$

Next, divide both side by [(8400 M-1 cm-1)(1 cm)]

$$c = 8.33 \times 10^{-5} \text{ mol/L}$$

#### Example :

There is a substance in a solution (4 g/liter). The length of cuvette is 2 cm and only 50% of the certain light beam is transmitted. What is the extinction coefficient?

#### Solution

Using Beer-Lambert Law, we can compute the absorption coefficient. Thus,

$$-\log\left(\frac{I_t}{I_c}\right) = -\log(\frac{0.5}{1.0}) = A = 8\epsilon$$

Then we obtain that

$$\epsilon = 0.0376$$

#### ✓ Example 4

In Example 3 above, what is the molar absorption coefficient if the molecular weight is 100?

#### Solution

It can simply obtained by multiplying the absorption coefficient by the molecular weight. Thus,

$$\epsilon = 0.0376 \times 100 = 3.76 \text{ L·mol·}^{-1} \text{ cm}^{-1}$$

### The Beer-Lambert Law for Light Absorption

Describes how light reduces as it passes through a material such as tissue; estimates the penetration depth of light into tissue

#### **Mathematical Software**

help perform the necessary calculations Excel: plotting data MATLAB: advanced modeling and simulation

#### Spectrophotometer

Measures the intensity of light

[20] The Beer-Lambert Law - ChemistryLibreTexts

### Norma Munoz 3

$$A = log_{10} \left( \frac{1000}{820} \right)$$
$$= log_{10} (1.22) = 0.086$$
$$\approx 0.10$$

$$\epsilon_{820} = \frac{0.10}{0.02*5} = 1 L * mol^{-1} * cm^{-1}$$

### The Beer-Lambert Law for Light Absorption

Describes how light reduces as it passes through a material such as tissue; estimates the penetration depth of light into tissue

#### **Mathematical Software**

help perform the necessary calculations Excel: plotting data MATLAB: advanced modeling and simulation

#### Spectrophotometer

Measures the intensity of light

[25] Standard: ISO 17025

### **Schedule**

Task (collectively)		Week						
		1	2	3	4	5	6	7
1	Time Cards							
2	Staff Meetings							
3	Presentation 1							
4	Homeworks							
5	Presentation Feedback							
6	Pear Evaluations							

# **Budget: Pricing Strategy**

# Up to \$5000; additional funding subject to the disbursement within each capstone group involved

- Analogue Test Estimation
  - o Light intensity (\$400-\$1500)
  - Sensor/Signal Testing (\$600-\$3,000)
  - o Power Consumption (\$550-\$2150)
  - o Signal Integrity (\$500-\$7500)
  - o Battery Performance (\$150-\$650)
- Total cost Estimation
  - o Low end : ~ \$2200
  - o High end: ~\$15,000

Project budget	\$5K		
Anticipated Expenses (estimated)	\$3K		
Actual Expenses (to date)	\$0		
Resulting Balance (to date)	\$5K		

# **Thank You, Questions?**

### Sources

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- $\underline{pYbURefxouxt2S\_S4XQTvi2eULlUvYa42\_3n3lFRFFj3SJsudQulx3uPzdc8QKYThW7MzXZEl6Aj3lNqGBd0o5wNocqQi\_yUQUcFUh\_lv2ZfGvrZHq\_dSuwEopecQ7EsslYkodNdafltunalSV4bgL7Zvlu8XHUEOSSloF30Z3MTpqnh}$
- $\label{localization} \begin{tabular}{ll} $JLJBOwFZpMfv87nTr0\_ZVjHNS0dyLqPjT3xQy2YvHwOZAS^7CoLd4qoDnOOA1UnyM1BvRT8byHOEsL9jWC3b1KypAXTwZ9z9Jt1ZfvyrmoOf0v0wPk3Y80SBe12lnRD28XK3rlaCe1SciyWygyDA9lnzQVK-9dw&dib_tag=se&hvadid=8411299593005&hvbmt=be&hvdev=c&hvloaphy=81950&hvnetw=o&hvamt=e&hvtargid=kwd84113734337091%3Aloc-\\ \end{tabular}$
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